

HER SOCIAL CLUB AND POLITICAL LIFE

Women's Community Interests

HER HOME CHILDREN AND CHARITIES

Sunlight and your washing machine

Sunlight Soap, being the purest and best laundry soap made, will wash your clothes beautifully white and clean in a shorter time and with the use of much less soap.

Pare or chip half a cake of Sunlight into your washer, whip into a rich suds and proceed as usual.

You will find the pure coconut and palm oils blended into Sunlight make it the most efficient and economical soap you ever used. You use less—as you get all pure soap.



The latest method of cold water found is said to be the "Welcome" method, discovered in 1922 at Haberly Hill, New York. It is said to be the most efficient and economical soap you ever used.

ADMINISTRATION COST OF PUBLIC WELFARE UNDER FIVE PER CENT.

Less than five per cent of the \$59,182.80 spent in relief during the months of January and February by the Board of Public Welfare went towards administration. This is made clear in a statement which has been prepared by the relief officer and submitted to members of the board. The statement shows the following details:

"Cascarets" 10c For Headache, Liver, Bowels

No griping or inconvenience follows a thorough liver and bowel cleansing with Cascarets. Sick-headache, biliousness, gases, indigestion, sour, upset stomach, and all such distressing go by morning. Nicest physic on earth for grown-ups and children. Use a box. Taste like candy.

Alberta's Women Pioneers Will Form Organization

Lady Lougheed Likely to Be Chosen President of the New Association Which Will Undertake to Compile a Valuable History of Early Days in This District

(Elizabeth B. Price) This week—Thursday at 2 p.m. at the home of Lady Lougheed, a new women's organization will give its assistance, namely the "Women's Pioneer Association of Southern Alberta." Those eligible for membership will be women pioneers living in Southern Alberta, between Red Deer and the international boundary line, who have been here since 1830—a period of thirty-two years or longer.

Those Eligible for Membership In surveying the number of women who will be eligible for this society, it is estimated there will be about one hundred and fifty. This will include members of the McDougall family. It is interesting to note that last year marked the centenary of the Rev. George McDougall's birth. The first Methodist missionary to come to this country after whom McDougall church in Edmonton is named. One suggestion offered both to the men's and women's pioneer associations, is that some monument or memorial should be erected to the McDougalls who came to a wild land and not with the hope of gain or adventure but to Christianize and help a savage race of people.

MAY BE PRESIDENT

PERCY GRAINGER, NOTED PIANIST, AT GRAND, THURSDAY

Percy Grainger, the pianist-composer, who appears at the Grand theatre in recital Thursday, March 22, has been one of the most popular pianists on the concert platform in America ever since he created a sensation at his New York debut in 1915. That his popularity is undimmed is shown by the fact that almost everywhere he has appeared this season the houses have been sold out. He has two concerts in Winnipeg next week, the first on Monday, the second on Tuesday, at the Grand theatre. He is accompanied by his wife, who has appeared this season with him in a number of recitals. The Winnipeg recital will be given at the Grand theatre, and the Winnipeg recital will be given at the Grand theatre.



Those Pretty Teeth

How careful people get them

Careful people—millions of them—are brushing their teeth in a new way. They do it almost the world-over, and largely by dental advice. Whiter teeth is one result. You see them everywhere. Now we urge you to try the method which they use. Ask us for a test-day tube.

Just remove the film. It is a film that makes teeth dingy. That viscous coat clings to the teeth, enters crevices and stays. The tooth brush used in old ways has left much of it intact. Film is what discolors, not the teeth. Film is the basis of tartar. Most people's teeth are kept cloudy by it, more or less. Film also holds food substance which ferments and forms acids. It holds the acids in contact with the teeth to cause decay. It breeds millions of germs, and they, with tartar, are the chief cause of pyorrhea.

No Cost for this ten-day test. See what it reveals to you. Then judge for yourself how it pays to fight film. Send the coupon for your ten-day tube. The test will be delightful.

Aids Nature too. Gummy starch deposits also cling to teeth, and often ferment and form acids. To digest them, Nature puts a starch digestant in the saliva. Every use of Pepsodent multiplies that starch digestant. Nature puts alkalis in the saliva to neutralize mouth acids. Each use of Pepsodent multiplies those alkalis. Thus Pepsodent twice daily brings five desired effects. It has brought to millions, as it will to you, a new conception of clean teeth.

Send the coupon for a 10-Day Tube and watch the delightful effects. Note how clean the teeth feel after using. Mark the absence of the viscous film. See how teeth whiten as the film-coats disappear. See the new beauty, feel the new cleanliness. Then judge for yourself what such results may mean to you and yours. This is too important to forget. Cut out the coupon now.

U.F.W.A. NOTES. Stately Local Holds Dance. STAYED. March 18.—The concert and dance held in Bruhn's hall Friday night, under the auspices of the U. F. A. and Community Club, was much appreciated by a crowd that packed the large hall to the door. The chair was ably filled by Mrs. Marshall, who gave a short discourse on St. Patrick, after which a number of local artists rendered a delightful programme. Among these were Mr. Hatchell, Mrs. Max Malchow, Mr. Ray Jenkins, Mr. Harry Walker, Mr. C. Carlson, Mr. Cecil Lockton and Misses Gladys Stanford, Elaine Riches and Lillian Gordon. The last item, a dialogue, in which the women made up a number of prominent citizens, brought down the house.

PROSPECTIVE MEMBER. Mrs. M. S. McLeod. Who came to Calgary in the eighties, she was one of the first women to give membership in the new pioneer women's association.

"Diapepsin" for Bad Stomach, Indigestion. But now Johnson is gone. The factory that worked smoothly under his guidance has lost something in efficiency. Someone must take his place. Worthington decided to come in off the road and to hire someone to take the orders—to reap where he had sown. But the new man didn't seem to have any luck, so Worthington got another idea. He would spend half of his time inside and the other half on the road.

FACTORY FOR SALE. FOR five years Worthington travelled the highways and byways, setting his nets in the currents of business. And his catches were increasing in size and importance. The clear head and steady hand of Johnson, his partner, put his orders through the factory for a profit. They were well on the road to prosperity. Someone could have taken Johnson's place—no man is indispensable. Worthington knew of a good, proved man—but a high-priced one. "If I only had ten thousand dollars cash I could tempt him," Worthington had said. But he didn't have the ready money, the business went to smash and he had to start anew. Business Life Insurance would have saved this business, as it has saved others. Ask us to send you our booklet which tells all about it.

TO Stop a Cold in One Day Take LAXATIVE BROMO QUININE TABLETS. The genuine bears the signature of Dr. W. D. Young. Do not get BROMO. 35c. Made in Canada.

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THE IMPERIAL LIFE ASSURANCE COMPANY OF CANADA. Wm. Ardern, Branch Manager, Calgary.

To the Editor of the New York Times: By change I enclose a copy of your paper of August 1st, 1922, and on page twelve I read Dr. Baruch re-states his views on Famine, and Women Doctors Defeated by S. Adolphus Knopf.

J. J. O'MALLEY, R.O.D.O. 221 THIRTEENTH AVENUE WEST Over Twelve (12) Years Successful Practice in Calgary. NO MEDICINE!—NO KNIFE!—NO STARVATION!

What Is Family Service? NO WOMAN KNEW OF IT UNTIL NOW. Yet a year ago we foresaw the day when Family Service would do all the washing of the city. Now that Family Service is here—what is it? Well—Family Service is the first home laundry service the women of Calgary have ever had.

ANOTHER OLDTIMER. Mrs. A. Allan. Resident of Calgary for over 30 years, who held the office of secretary of the Women's Hospital Aid for eleven years at that time.

Alkali in Shampoo Bad For the Hair. If you want to keep your hair looking its best, be careful of what you wash it with. Don't use prepared shampoos or anything else which contains too much alkali. The alkali makes the hair brittle and ruins it.

Family Service Laundry, Ltd. 725 FIRST AVENUE WEST. WE CARRY THE BURDEN.

EVILLE IDOM. ing Today. man Presents. AMERON OF THE ROYAL MOUNTED. the First Real. de-in-Calgary. Picture. Featuring. Gaston Glass. Jennie Osborne. And. ing Cummings. ALPH CONNOR'S great story of Alberta. Filled in with REAL. nities. Makes every picture of it seem like an im-. Programme. ily Presentation. Green Gazette. Orchestra. JOU. TUES. WED. CALGARY AL SOCIETY VOICES-30. OVER, Director. ormances Nightly and 9.30. T WARWICK. E 14th MAN. THE SUPERB). "RK". Paris in all its. FRIENDS. never stopped. men.

